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Sent: Τετάρτη, 4 Μαΐου 2022 2:18 μμ
To: documents@unipi.gr
Subject: FW: ΠΡΟΣΚΛΗΣΗ YOUTH DAY / MAY 18th - INTERNATIONAL COACHING WEEK
Attachments: GREEK ICW2022- PROGRAM FLYER.pdf

Importance: High

Η Δρ. Λεα Μάζζολα
θα παραρ. Κοινων.

From: communication@icfgreece.org <>
Sent: Τετάρτη, 4 Μαΐου 2022 2:01 μμ
To: communication@icfgreece.org
Subject: ΠΡΟΣΚΛΗΣΗ YOUTH DAY / MAY 18th - INTERNATIONAL COACHING WEEK
Importance: High

Η Άννα Ανδ.

Αγαπητοί/ές Κύριοι/Κυρίες,

Στο πλαίσιο της International Coaching Week, το Ελληνικό Παράρτημα του ICF - International Coaching Federation, διοργανώνει την Youth Day του ICF Greece και σας προσκαλεί να παρακολουθήσετε διαδικτυακά την **Τετάρτη 18 Μαΐου 2022 και ώρα 5μμ.** την πολύ ενδιαφέρουσα ομιλία της **Dr. Leah B. Mazzola** με τίτλο **"Resilience Coaching for Teens and Emerging Adults"**.

Η **Dr. Leah B. Mazzola** είναι ιδρύτρια και εκτελεστική διευθύντρια του Youth Coaching Institute, LLC, ενός εκπαιδευτικού οργανισμού που προσφέρει life coaching στους νέους, μέσα από το χτίσιμο ανθεκτικότητας και ενδυνάμωσης.

Στην εποχή μας, οι έφηβοι και οι νέοι άνθρωποι έχουν τα μεγαλύτερα επίπεδα άγχους απο οποιαδήποτε άλλη κατηγορία. Η Dr. Mazzola, εφαρμόζοντας evidence-based coaching, ενδυναμώνει τους εφήβους και τους νέους να χτίσουν ανθεκτικότητα ώστε να ζήσουν καλά. Σ' αυτή τη διάλεξη, θα χρησιμοποιήσει τον φακό της συμπεριφορικής επιστήμης ώστε να καταδείξει γιατί αυτή η εργασία είναι σήμερα πιο σημαντική από ποτέ αλλά και να μας δώσει πληροφορίες για το πώς να μετριάσουμε την ανώφελη δυσφορία και να δημιουργούμε ευημερία από μέσα προς τα έξω.

Δωρεάν εγγραφή για Εκπαιδευτικούς και Μέλη της Ακαδημαϊκής κοινότητας στο σύνδεσμο <https://forms.gle/j3d6fPhvDK8vuEGm6>

Επισυνάπτεται και το συνολικό πρόγραμμα.

Με εκτίμηση

Τζίνα Θεοφιλίδου
ICF Greece Charter Chapter Communications
Email: communication@icfgreece.org
Επικοινωνία: 6909152184

REIMAGINE THE *Future*

16-22 ΜΑΪΟΥ, 2022

ICF ΣΙΟΦΙΑ ΕΡΑΧΜΑΖΑ
"COACHING"
130' CPT

REGISTER

18:00 - 18:15 Προσέλευση

18:15 - 18:30 Καλωσόρισμα από την Προέδρο ICF Greece **Ίριδα Μπαλόγλου, PCC, CMC, Supervisor**

18:30 - 20:00 Group Coaching "**Πόσο Επαγγελματίες Coaches Πιστεύουμε ότι Είμαστε;**"
Ειρήνη Ν. Νικολαΐδου, PCC, CMC Executive & Team Coach | Past President ICF Greece (2018) | Υπεύθυνη Επιτροπής Δεοντολογίας & Επαγγελματικών προτύπων,
Κατερίνα Χατζάκη, PCC, Life & Executive Coach | Treasurer ICF Greece 2022,
Κοσμάς Μιχαήλ, ACC, Business Coach | General Secretary ICF Greece 2022
Συντονίζει το μέλος της Επιτροπής: **Φιλία Καφούση**, Senior Advisor at KPMG Greece

16/5/2022
18:00 μμ

17:00 - 17:10 **Ιωάννα Μίχου, HR Manager at Skywalker (Grant Sponsor)**

17:10 - 18:30 "**Resilience Coaching for Teens and Emerging Adults**" με ομιλήτρια την **Dr. Leah Mazzola, PhD, PCC, BCC** του YOUTH COACHING INSTITUTE

18:30-20:00 1η **pro bono** συνεδρία coaching σε φοιτητές επιλεγμένων Πανεπιστημίων από εθελοντές Coaches ICF

REGISTER

16:00 - 16:15 - Χαιρετισμός από την Προέδρο ICF Greece **Ίριδα Μπαλόγλου, PCC, CMC, Supervisor**

16:20 - 17:20 "**Coach Supervision**" με ομιλήτρια την **Karen Pratt, PCC**, Πρόεδρος του Transactional Analysis Συνδέσμου στην Ν.Αφρική

17:20-17:30 - 10' διάλειμμα

17:30 - 18:30 - "**Team Coaching- Solution Focus**" με ομιλήτρια την **Kirsten Dierlof MCC, EMCC MP, EMCC ESIA**, Past President ICF Germany

18:30 - 18:40 - 10' διάλειμμα

18:40 - 19:40 - "**Our role as coaches and leaders in sustainability - The Inner Development Goals as a global compass for the SDGs**" με ομιλήτρια την **Dr. Sabrina Schmitz**, Μέλος ΔΣ ICF Γερμανίας, podcaster.

19:40 - 20:00 - Networking / Κλείσιμο

19/5/2022
16:00 μμ

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REGISTER



Μέγας Χορηγός

skywalker

ICF

Greece
Charter Chapter

"Πόσο
Επαγγελματίες
Coaches
Πιστεύουμε
ότι Είμαστε;"

16/5/2022

18:30 μμ

Group Coaching

Επιτροπή Δεοντολογίας & Επαγγελματικών προτύπων



Ο ρόλος του κώδικα δεοντολογίας στην πλαisiώση του coaching, αναφορικά με τη σχέση που δημιουργεί ο coach με όλους τους εμπλεκόμενους, κατά την άσκηση του επαγγέλματος.

Μια συζήτηση για τους προβληματισμούς μας σχετικά με τον κώδικα δεοντολογίας, την εφαρμογή του μέσα στην coaching σχέση και τις αθέατες παραμέτρους της.

Ποιους αφορά:

- Τους external & internal coaches
- Τις εταιρείες, τα στελέχη τους που κάνουν χρήση των υπηρεσιών coaching
- Το κοινό που δέχεται υπηρεσίες life coaching

Στόχος είναι οι συμμετέχοντες:

- να αποκτήσουν συνειδητότητα και επίγνωση στα πλεονεκτήματα και την υπεραξία που διασφαλίζει η εφαρμογή του κώδικα και
- να διευκολυνθούν στη διαδικασία της αξιολόγησης και επίλυσης των ηθικών διλημμάτων που προκύπτουν στις σχέσεις τους με τους stakeholders.

Εισηγητές:

Ειρήνη Ν. Νικολαΐδου, PCC, CMC, Executive & Team Coach | Past President ICF Greece (2018) | Υπεύθυνη Επιτροπής Δεοντολογίας & Επαγγελματικών προτύπων

Κατερίνα Χατζάκη, PCC, Life & Executive Coach, Treasurer ICF Greece 2022

Κοσμάς Μιχαήλ, ACC, Business Coach, General Secretary ICF Greece 2022

Συντονίζει το μέλος της Επιτροπής: **Φιλία Καρούση**, Senior Advisor at KPMG Greece

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Μέγας Χορηγός

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18/5/2022

17:10 μμ

Dr. Leah Mazzola, PhD, PCC, BCC
Youth Coaching Institute



Resilience Coaching for Teens and Emerging Adults

Teens and emerging adults have reported the highest perceived stress levels, in comparison to other age groups, for over a decade. The gap between Gen Z's experience of stress when compared to all adults is greater now than any prior generation. Dr. Leah has been applying evidence-based coaching to empower teens and emerging adults to thrive through resilience building since 2012. In this talk, she'll use a behavioral science lens to make the case for why this work is more important now than ever; and offer some insight into how to mitigate unnecessary distress and foster thriving from the inside out.

CV

Dr. Leah B. Mazzola holds a PhD in Psychology and numerous coaching credentials. She's the Founder and Executive Director of Youth Coaching Institute, LLC, a youth life coach training organization with a mission to mitigate risk for teens and emerging adults with a history of adverse childhood experiences by empowering them to leverage and build protective factors, both internal (personal growth and wellness) and external (constructive social and structural supports). She discovered the power of coaching through her doctoral studies as she investigated why some "high-risk" youth overcome the barriers to success while others do not. This research led her to coaching to combat marginalization and trauma with resilience building and empowerment.

Her passion for the work is very personal as a thriving adult who overcame trauma, poverty, and juvenile delinquency to create a future she never imagined possible. Learn more about her services at youthcoachinginstitute.com and drleahmazzola.com.


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19/5/2022

16:20 μμ

Karen Pratt, PCC, Coach Supervisor**Coach Supervision**

In this interactive learning experience I will share some of my own experiences of supervision and the depth of learning that I have gained over more than 15 years of being in supervision.

You will learn about the two aspects of supervision - practice analysis (what happened and what could be done differently) and supervision 'proper' (who am I within the relationship - what personal aspects / blind spots might have got in the way). In other words the work is about both doing and being.

I will share the Supervision Triangle (Newton 2012) that highlights the three areas of focus in supervision that support reflection on both the practice analysis and supervision 'proper' aspects.

Along the way there will be breakout room opportunities to share with colleagues your experiences and thinking as well as work with a short case study of a supervision question.

CV

Karen Pratt holds a PCC coaching credential, as well as a Diploma in Coach Supervision and is an internationally accredited Teaching and Supervising Transactional Analyst (TSTA) with a speciality in education and learning. She is part of the Faculty at Coaching Development Ltd. training both coaching and coach supervision programmes. She has an international TA training and supervising practice as well as offering Mentor Coaching at both ACC and PCC level. She is Co-chair of the Professional Standards Committee of the International Board of TA Certification and is actively involved in re-imagining the international training and certification process to take into account aspects of diversity, inclusion and eco-consciousness.

Her passion is to partner with people to inspire them in their journey of ongoing 'becoming'. Her personal journey of spirituality and contemplation is foundational to who she is.

She has encapsulated the essence of her psychological approach to change work, in both coaching and supervision, in her book: Transactional Analysis Coaching - Distinctive Features (2021) Routledge.

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19/5/2022

17:30 μμ

**Kirsten Dierlof MCC, EMCC MP, EMCC
ESIA, Past President ICF Germany**

Solution Focus Team Coaching

Team coaching seems to be the new hype with the ICF team coaching credential coming up and the EMCC team coaching accreditation just having been launched. There is talk about how complex and difficult it is and many people seem to have a more than healthy respect when it comes to the topic. In this workshop you will learn an easy way to transition from individual coaching to team coaching. You will realize what you already know (for example asking good questions) and explore how you can move toward team coaching from there. Kirsten will share a fundamental structure for solution focused team coaching. She will also walk you through every step of the process.

After this workshop, you will know what you need to learn and maybe you will even just have the confidence to give team coaching a try. The workshop will give new team coaches a start and will give more experienced team coaches a glimpse into the solution focused approach to team coaching.



Kirsten Dierlof, M.A., ICF MCC, EMCC MP, ESIA is the owner and founder of SolutionsAcademy, a global ICF accredited coach training academy and member of the Forbes Coaches Council, as well as an associate for the Taos Institute. She coaches executives and teams mainly for global corporations. Kirsten mentors MCC candidates through innovative programs and individual mentoring. She currently serves as the Immediate Past president of the German Chapter of the International Coaching Federation. Kirsten is member of the ICF assessor teams for MCC and PCC and a subject matter expert on teamcoaching.

Kirsten learned the Solution Focused Approach when she was translating workshops for Insoo Kim Berg and Steve de Shazer from 2001 to 2007. Kirsten was instrumental in founding the first peer reviewed journal for Solution Focused work in organizations "InterAction" in 2008 which she edited from 2008-2016.

She is the author of "Solution Focused Team Coaching", co-author of "The Solutions Tango" and "Coaching plain and simple" and editor of "Solution Focused Practice around the World" published as the result of the first global conference of Solution Focus which spanned all applications of SF, an initiative she spearheaded in 2017.

She is a "virtual guru" and has been delivering online programs since 2008 when nobody even thought that this is possible. She speaks 7 languages and has worked on all continents (except Antarctica).

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19/5/2022

18:40 μμ

**Dr. Sabrina Schmitz, Μέλος ΔΣ ICF
Γερμανίας, podcaster.**



"Our role as coaches and leaders in sustainability - The Inner Development Goals as a global compass for the SDGs"

Dr. Sabrina Schmitz will inspire us with the brand new Inner Development Goal Field Kit as the stance and mindset basis for true regenerative being, thinking, collaborating, responding and acting. She will lead us into exploring together what our part can be as coaches and leaders to foster a regenerative human future on this planet.

Insights about the common good path that the ICF Chapter Germany is currently on will be shared.

So what can you contribute and get from this session? Join and find out. You are surely welcome!



Dr. Sabrina Schmitz is an open minded being, works as an agile coach with a solution focused background and offers her regenerative and holistic consulting perspectives to systems from individuals to large companies.

Currently she engages in the ICF Germany Chapter in the roles of podcaster, the event of the Social Impact Festival 2022 and enriches the team for realizing the common good balance.

She interacts in the international movement of the mindset for the SDGs, the Inner Development Goals and will bring all her heart, mind and soul into the gathering.